

Long-term investigations of ^{134}Cs and ^{137}Cs Activity Concentrations in Honey from Croatia

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Abstract

This paper presents the results of long-term post-Chernobyl investigations of ^{134}Cs and ^{137}Cs activity concentrations in multifloral and chestnut honey sampled in north-west Croatia. For both radionuclides, the activity concentrations peaked in May 1986, decreasing exponentially until the mid-1990s, when they fell under the detection limit for both radionuclides. After the Fukushima-Daiichi accident in 2011, the presence of both radionuclides in honey was detected once again. The ecological half-life was estimated to be 1.67 and 1.45 years for ^{137}Cs and ^{134}Cs , respectively. The correlation between ^{134}Cs and ^{137}Cs activity concentrations in fallout and honey was very good, indicating fallout to be the main source of honey contamination. The observed $^{134}\text{Cs}/^{137}\text{Cs}$ activity ratio in honey was similar to the ratio found in other environmental samples. The estimated collective effective doses for the Croatian population incurred by honey consumption indicate that honey was not a critical pathway for the transfer of ^{134}Cs and ^{137}Cs from fallout to humans.

Key words

Honey; ^{137}Cs ; ^{134}Cs ; effective dose; ecological half-life; radiosensitivity

Introduction

Honey is among the top products at risk of food fraud. This is especially true for net importers of honey like the European Union (EU). Although the EU produces about 250,000 tonnes per year domestic production covers only around 60% of consumption and the EU is also a net importer of honey, which makes it the largest consumer of honey with an average per capita consumption of 0.9 kg (European Commission, 2017). In the EU, honey is consistently among the top 10 products with cases of food fraud. Counterfeit honey not only economically endangers beekeeping, but also poses a public health risk for consumers since it can be contaminated with various substances and drugs illegal in the food industry.

Therefore, in order to assure the health safety of honey and other bee products, it is of increasing importance to perform chemical analyses as well as radiological characterization. In addition, using radionuclides such as radiocaesium as radiotracers can be a useful tool in assuring the provenance of honey as well as other food products, easing their labelling with quality labels.

In addition to naturally occurring radionuclides, atmospheric nuclear weapons tests, resulting in global fallout and accidental or routine releases of radioactive material from various nuclear facilities are the main causes of man-made radioactive contamination that enters the environment. The main contributions of artificial radionuclides to the Croatian environment were global fallout from previous atmospheric nuclear weapons tests and fallout from nuclear accidents in the Chernobyl and Fukushima-Daiichi nuclear power plants.

Among man-made radionuclides, those of radiocaesium, especially ^{137}Cs and ^{134}Cs , as the most abundant volatile isotopes of caesium, are regarded as a particular hazard to organisms. This is the consequence of their relatively long physical half-lives (30.00 and 2.06

52 years, respectively) and the chemical and metabolic properties of these radionuclides, which
53 closely resemble those of potassium.

54 In Croatia, ^{137}Cs and ^{134}Cs in honey were first investigated after the Chernobyl accident
55 in 1986 as part of an extended and still ongoing monitoring programme of radioactive
56 contamination in the environment performed by the Radiation Protection Unit of the Institute
57 for Medical Research and Occupational Health (IMI) ever since 1959.

58 The aim of this paper was to present long-term, post-Chernobyl, investigations of
59 radiocaesium activity concentrations in multifloral and sweet chestnut (*Castanea sativa* Mill.)
60 honey from north-west Croatia and broaden the knowledge regarding radioecological
61 characterizations of honey. Such "radioecological fingerprinting" can be used to trace the
62 geographical origin of honey as well as to help combat honey adulteration. More precisely, it
63 could be expected that in certain geographical areas, activity concentrations of radionuclides
64 (natural and man-made) and other radioecological parameters lead to a distinctive radiological
65 imprint providing valuable additional tools evidencing floral, vegetable, regional, territorial or
66 topographical origin or specific quality criteria.

67 It should be noted that in the EU there is high demand, but limited availability, of sweet
68 chestnut honey due to the relatively low presence of sweet chestnut trees in European forests,
69 limited distribution area of such mixed forests and decrease or even disappearance of sweet
70 chestnut trees from some mixed stands (Conedera et al, 2016). In Croatia, mixed sweet
71 chestnut forests cover 135,000 ha, while forests that have a high presence of sweet chestnuts
72 (70-90%) cover about 15,000 ha and are mostly situated in the Sisačko-moslavačka County.

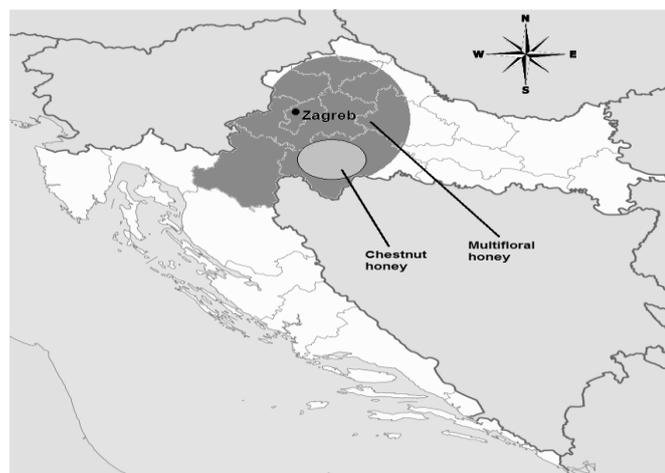
73 These forests therefore provide an opportunity for intensive beekeeping and production
74 of sweet chestnut honey of the highest quality. Sweet chestnut honey is very rich in pollen and
75 can be declared to be unifloral only if it contains >85% of sweet chestnut pollen (Official
76 Gazette, 2009).

77

78 **Materials and methods**

79 The total of 163 samples of multifloral and 12 samples of sweet chestnut honey were
80 obtained in late spring and summer, i.e., at the end of beekeeping season, preferably from
81 individual beekeepers. Data for years in which honey samples were not available for analysis
82 were taken from literature (Barišić et al, 1994; Barišić et al, 2002).

83 Samples of multifloral honey were collected in the area of north-west Croatia, while
84 samples of sweet chestnut honey were collected in Banovina region in Sisačko-moslavačka
85 county.



86

87

88 Fig 1. Approximate sample location areas of multifloral and sweet chestnut honey and fallout

89

90 As certified reference materials (CRM) for honey are not available for radioecological
91 analyses, samples of certified organic honey obtained in Banovina region (*Banski med* from
92 the village of Klinac) were used instead.

93 Fallout samples were collected in the city of Zagreb. Dry and wet fallout (rain water) is
94 collected daily using funnels of 1 m² collection area. In rainy days the amount of precipitation
95 that contained the fallout was measured by the Hellman pluviometer. In the days without
96 precipitation, funnels were rinsed by 1 L of distilled water. Daily samples are merged into
97 cumulative samples which were analysed quarterly. Prior to gamma-spectrometric
98 measurements, samples were evaporated to 1 L volume.

99 ¹³⁷Cs and ¹³⁴Cs levels in the samples from their gamma ray spectra have been analysed
100 by gammaspectrometrical method accredited by Croatian Accreditation Agency in 2010.

101 In the period 1986-2003, gamma-ray spectrometry systems based on a low-level
102 ORTEC Ge(Li) detector (FWHM 1.87 keV at 1.33 MeV ⁶⁰Co and relative efficacy of 15.4%
103 at 1.33 MeV) and ORTEC HPGe detector (FWHM 1.75 keV at 1.33 MeV ⁶⁰Co and relative
104 efficacy of 21% at 1.33 MeV) coupled to a computerized data acquisition system were used to
105 determine radiocaesium and ⁴⁰K levels in the samples from their gamma-ray spectra.

106 Since 2003 for gamma spectrometry has been use a low-level high-purity ORTEC
107 HPGe detector (relative efficacy of 74.2% with FWHM resolution of 2.24 keV at 1.33 MeV).

108 The counting time for radiocaesium measurements depended on the sample activity,
109 was typically 80,000 s. Fallout samples were measured in Marinelli beakers of 1 L volume,
110 while honey samples were placed in plastic cylindrical containers of 0.2 L volume.

111 Quality assurance and intercalibration measurements were performed through
112 intercalibration programs organized by International Atomic Energy Agency (IAEA) and
113 Joint Research Centre (JRC), which also included the regular performance of blanks (empty
114 cylindrical containers), background and quality control measurements (Petrinec et al, 2011).

115 **Results and discussion**

117 After the nuclear accident at the Chernobyl nuclear power plant in Ukraine on 26 April
118 1986, fallout from highly radioactive atmospheric plumes originating from the damaged
119 nuclear reactor was spread and transported all over Europe causing contamination of the
120 environment. In 1986, the total surface deposition of radiocaesium measured in the fallout
121 collected in the city of Zagreb was 6,410 Bqm⁻² and 2,812 Bqm⁻² for ¹³⁷Cs and ¹³⁴Cs
122 respectively (Bauman et al., 1987).

123 Consequently, soon after the Chernobyl accident in environmental samples and
124 foodstuffs from the Republic of Croatia elevated levels of ¹³⁷Cs and, for the first time, of ¹³⁴Cs
125 were detected. ¹³⁴Cs is not produced in significant amounts in nuclear explosions of fission
126 weapons which occur in milliseconds. However, it is found in reactor inventories due to long
127 irradiation times of reactor fuels where it is produced via neutron capture from nonradioactive
128 ¹³³Cs, which is a common fission product. Therefore, the presence of this radionuclide in the
129 environment clearly indicated that a nuclear accident occurred.

130 The highest ¹³⁷Cs and ¹³⁴Cs activity concentrations in honey, like in most of the other
131 environmental samples and foodstuffs were recorded in May 1986 (Franic et al, 1991)
132 decreasing exponentially afterwards. In the mid-1990s, activity concentrations in honey for
133 both radionuclides were under the detection limit. However, ¹³⁷Cs activity concentrations
134 were for the period 1996-2010 above the decision threshold quantifying the physical effect,
135 which allows the conclusion that ¹³⁷Cs was present in samples, contrary to the ¹³⁴Cs activity
136 concentrations that were below decision threshold of measurement. Both ¹³⁷Cs and ¹³⁴Cs
137 activity concentrations after the Fukushima Daiichi accident were again detectable, but never
138 exceeded 1.5 Bqkg⁻¹ for both radionuclides. For comparison, in Poland, ¹³⁷Cs activity

139 concentrations in multifloral honey after the Fukushima Daiichi accident ranged from 0.24 to
140 10.57 Bqkg⁻¹ (Borawska et. al., 2013).

141 The activity concentrations of ¹³⁷Cs and ¹³⁴Cs in Croatian honey are shown in Table 1.

142

143

Table 1 about here

144

145 For comparison, ¹³⁷Cs activity concentrations in samples of honey collected in May-
146 June 1986 in Italy ranged from 106.8 ± 115 Bqkg⁻¹ in the Friuli region to 18.3 ± 11 Bqkg⁻¹ in
147 Lazio (Tonelli et al., 1990). Regarding honey samples harvested in Slovenia, the values of
148 ¹³⁷Cs activity concentrations in Slovenian honeys in the period 1987-1995 varied between 8
149 and 51 Bqkg⁻¹ (Bogdanov, 2006).

150 Activity concentrations of naturally occurring ⁴⁰K in sweet chestnut honey ranged from
151 267.0 Bqkg⁻¹ in 2012 to 19.7 Bqkg⁻¹ in 2017. The reason for this variability is not clear and
152 calls for further research. However, the lack of ⁴⁰K in honey would indicate an absence of
153 pollen, since potassium, and therefore ⁴⁰K is the principal constituent of pollen as well as
154 other plant tissues. The absence of pollen therefore raises suspicion in adulteration.

155 As the main mechanism of environmental contamination by radiocaesium is fallout,
156 measured ¹³⁷Cs and ¹³⁴Cs activity concentrations in honey are correlated with fallout activity.
157 When data for ¹³⁷Cs and ¹³⁴Cs fallout and honey activity concentrations from Table 1 are
158 related to fallout by a simple linear equation, the coefficients of correlation are r = 0.92 and r
159 = 0.99 for ¹³⁷Cs and ¹³⁴Cs respectively. Thus, from fallout data ¹³⁷Cs activity concentrations in
160 honey can be modelled as:

161

$$A_h(t) = 0.005 \times A_{fall}(t) + 2.041 \quad /1/$$

162

163 where:

164 $A_h(t)$ is the time-dependent activity concentration of ¹³⁷Cs in honey (Bqkg⁻¹) and

165 $A_{fall}(t)$ is the time-dependent activity concentration of ¹³⁷Cs in fallout (Bqm⁻²).

166

167 Equation /1/ opens up the possibility to use activity concentrations of ¹³⁷Cs to
168 authenticate the region of origin and production year of honey, similarly to authenticating
169 wine vintages (Hubert et al. 2009). In addition, we can argue that good correlations lead to
170 greater significance of radioecological sensitivity of honey as a useful tool that helps to
171 compare sensitivities of various environmental samples to radioactive contamination.

172 Another useful radioecological parameter that can also be readily assessed from long
173 term data on radiocaesium activity concentrations in honey is the ecological half-life. To
174 study the ecological half-life of ¹³⁷Cs and ¹³⁴Cs in honey, the mean values of ¹³⁷Cs and ¹³⁴Cs
175 from Table 1 were fitted to the exponential function:

176

$$A_h(t) = A_h(0)e^{-kt} \quad /2/$$

177

178 where:

179 $A_h(t)$ is the time-dependent activity concentration of radiocaesium in honey (Bqkg⁻¹),

180 $A_h(0)$ the initial activity concentration of radiocaesium in honey (Bqkg⁻¹) and

181 $\ln(2)/k = T_{1/2,eff}$ the effective (observed) ecological half-life of radiocaesium in honey (years).

182

183 For the 1986-1995 period, the observed effective ecological half-life for ¹³⁷Cs in honey
184 was about 1.11 years. As ¹³⁴Cs activity concentrations in honey after 1991 were under the
185 detection limit, and therefore not reported, its activity concentrations were analysed for the
186 1986-1991 period. The observed effective ecological half-life for ¹³⁴Cs in honey was found to

189 be 0.67 years. The difference between respective ecological half-lives of ^{137}Cs and ^{134}Cs in
 190 honey is, in addition to variety of environmental parameters that naturally fluctuate, mainly
 191 influenced by different radioactive decay rates of ^{137}Cs and ^{134}Cs . To find the real ecological
 192 half-lives, T_R , the observed constant k from the equation /2/ should be corrected for the
 193 radioactive decay. Therefore, it can be written as:

$$194 \quad k = \lambda + k_R \quad /3/$$

195
 196 where $\ln(2)/\lambda$ is the physical half-life and $\ln(2)/k_R = T_{1/2,e}$ is the ecological half-life and the
 197 physical half-lives for ^{137}Cs and ^{134}Cs are 30.0 and 2.06 years, respectively (IAEA, 2014).
 198
 199

200 From equation the /3/, the real ecological half-lives for ^{137}Cs and ^{134}Cs were found to be
 201 1.16 and 1.01 years, respectively.

202 In 1986, the observed $^{134}\text{Cs}:^{137}\text{Cs}$ activity ratio in honey was 0.60, which reflected the
 203 theoretical ratio of 0.55 calculated by dividing the amount of radiocaesium released to air
 204 after the reactor explosion at Chernobyl i.e., ~85 PBq Bq of ^{137}Cs and ~47 PBq of ^{134}Cs as
 205 reported by the IAEA (2006). Afterwards, this ratio decreased according to differential
 206 radioactive decay. The observed $^{134}\text{Cs}:^{137}\text{Cs}$ activity ratio in honey was similar to the ratio
 207 found in other environmental samples (Franić et al., 2008; Franic et al., 2009).

208 As the half-life of ^{137}Cs is about 15 times longer than that of ^{134}Cs , the $^{134}\text{Cs}:^{137}\text{Cs}$
 209 activity ratio is decreasing due to differential radioactive decay according to the relationship:

$$210 \quad R(t) = R(0) \times e^{\ln(2) \times t \times (1/T_1 - 1/T_2)} \quad /4/$$

211 where:

212 $R(0)$ is the initial $^{134}\text{Cs}:^{137}\text{Cs}$ activity ratio in May 1986, i.e., 0.55,

213 t is the time elapsed after the Chernobyl accident and

214 T_1 and T_2 are the physical half-lives for ^{137}Cs and ^{134}Cs , respectively.
 215
 216

217 After the Fukushima Dai-ichi nuclear accident in March 2011, the initial $^{134}\text{Cs}:^{137}\text{Cs}$
 218 ratio in honey was 1.08, which was consistent with the $^{134}\text{Cs}:^{137}\text{Cs}$ activity ratio reported to be
 219 about 0.9 – 1.0 at the site of accident (Masson et al., 2011). Therefore, it can be concluded
 220 that ^{137}Cs and ^{134}Cs have the same environmental fate as no discrimination between those two
 221 radionuclides has been observed during the transport from the place of their origin (Chernobyl
 222 or Fukushima) to the sampling site. However, it should be noted that in 2011, after the
 223 Fukushima Dai-ichi accident, $^{134}\text{Cs}:^{137}\text{Cs}$ activity concentration value of 0.9-1.0 could be
 224 observed only in samples in which pre-Fukushima, i.e., already existing ^{137}Cs from previous
 225 depositions was not present in larger quantities.

226 Radiocaesium fallout data along with activity concentrations in honey allow an
 227 estimation of radioecological sensitivity, (R_s) as another important radioecological parameter.
 228 It is defined as the infinite integral of activity concentrations of a particular radionuclide in a
 229 given environmental sample to the integrated deposition. R_s is sometimes also called the
 230 transfer coefficient from fallout to sample and in the case of food samples it is equivalent to
 231 UNSCEAR's (United Nations Scientific Committee on the Effects of Atomic Radiation)
 232 transfer coefficient P_{23} (UNSCEAR, 1982). Mathematically, P_{23} is defined as follows:

$$233 \quad P_{23} = \frac{\int_0^{\infty} A(t) dt}{\int_0^{\infty} \dot{U}(t) dt} \quad /5/$$

234 where:

$A(t)$ is the activity concentration of given radionuclide (Bqkg^{-1}) in food and

235 $\dot{U}(t)$ the fallout deposition rate of this radionuclide ($\text{Bqm}^{-2}\text{y}^{-1}$).

236

237 As for values of $A(t)$ and $\dot{U}(t)$ assessed on a yearly basis, the integration can be
238 replaced by summation, the value of P_{23} for ^{137}Cs in honey for the 1986-1995 period can be
239 easily calculated to be $8.6 \times 10^{-3} \text{ Bqykg}^{-1}/(\text{Bqm}^{-2})$, while the P_{23} for ^{134}Cs from the 1986-1991
240 period is $1.1 \times 10^{-2} \text{ Bqykg}^{-1}/(\text{Bqm}^{-2})$. That means that with each Becquerel of ^{137}Cs and ^{134}Cs
241 deposited by fallout on an area of one square meter of land, the activity of one ton of honey
242 increases approximately by 8.6 and 11.1 Bq of ^{137}Cs and ^{134}Cs respectively.

243 However, as in the year 1986, direct radiocaesium, i.e. both ^{137}Cs and ^{134}Cs , deposition
244 was very high, it affects the overall results. Therefore, when 1986 is excluded from analysis,
245 the P_{23} for ^{137}Cs and ^{134}Cs in honey for 1987 – 1995 and 1987-1991 respective periods were
246 calculated to be $2.0 \times 10^{-2} \text{ Bqykg}^{-1}/(\text{Bqm}^{-2})$ for ^{137}Cs and $1.9 \times 10^{-2} \text{ Bqykg}^{-1}/(\text{Bqm}^{-2})$ for ^{134}Cs .
247 It can therefore be clearly seen that, for honey, the radioecological sensitivities of those two
248 radionuclides were almost equal.

249 To put the obtained values into perspective, the ^{137}Cs transfer coefficient P_{23} for total
250 diet was estimated to be approximately $1.2 \times 10^{-2} \text{ Bqykg}^{-1}/(\text{Bqm}^{-2})$ for the 1962 - 1979 period
251 in Denmark (UNSCEAR, 1982) and $2.1 \times 10^{-2} \text{ Bqykg}^{-1}/(\text{Bqm}^{-2})$ for the 1987 – 2005 period in
252 beef in Croatia (Franic et al., 2008).

253 To estimate radiocaesium health risk related to honey consumption, a reliable
254 knowledge of ingestion dose is of particular importance. This is especially true when the
255 ingestion dose is a significant part of the total dose received by the population after nuclear
256 fallout, as was demonstrated to be the case in Croatia (Lokobauer et al., 1998). The dose
257 received by members of the general public by consumption of honey (or any other food)
258 contaminated by a mixture of radionuclides can be expressed as:

259

$$260 \quad E = C \sum_m D_m^{cf} A_m \quad /6/$$

261 where:

262 E is the annual effective dose in Sv,

263 C is the total annual *per caput* consumption of food in kgy^{-1}

264 D_m^{cf} is the dose conversion factor for radionuclide m , i.e. effective dose per unit intake, for a
265 member of adult population which converts the ingested activity to effective dose;
266 $1.3 \times 10^{-8} \text{ SvBq}^{-1}$ and $1.9 \times 10^{-8} \text{ SvBq}^{-1}$ for ^{137}Cs and ^{134}Cs respectively (IAEA, 2014) and

267 A_m is the mean annual specific activity of radionuclide m in food (Bqkg^{-1}).

268

269 The annual effective doses received by an adult member of the Croatian population due
270 to radiocaesium intake, assuming an annual consumption of about 0.9 kgy^{-1} of honey per
271 person, which is consistent with the honey consumption in EU (European Commission 2017),
272 are estimated to be quite small, both after the Chernobyl and the Fukushima-Daiichi nuclear
273 accidents. The effective dose after the Chernobyl accident was estimated at $\sim 0.8 \text{ }\mu\text{Sv}$ in 1986,
274 decreasing to 1.2 nSv in 1995. After the Fukushima-Daiichi nuclear accident, the per capita
275 effective dose in 2011 was only 12 nSv (4.7 due to ^{137}Cs and 7.5 nSv due to ^{134}Cs). The total
276 annual collective effective dose due to ^{137}Cs and ^{134}Cs intake for the Croatian population
277 (4×10^6 inhabitants) was estimated at 3.3 Sv in 1986 and $\sim 6.0 \text{ Sv}$ for the overall observed
278 period.

279 Although the consumption of honey in Croatia is not a critical pathway for human
280 intake of radiocaesium from the environment, radioecological characterizations of honey and
281 other bee products add another level of confidence to present radioecological monitoring
282 programmes due to the mobility of honey bees and their ability to integrate all exposure
283 pathways. In addition, “radioecological fingerprinting” of honey on the European level could
284 be a useful tool in assuring its traceability to a particular geographical origin thus combating

285 honey adulteration and related health and other risks. As potassium and therefore ^{40}K as well,
286 is a principal constituent of pollen, whose presence indicates that honey is non-adulterated,
287 measurements of ^{40}K activity concentrations in honey could be used as triage method to check
288 for honey adulteration. However, further research is needed in order to assure adequate
289 statistics of ^{40}K activity concentrations in different honey types (floral varieties).

290

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Table 1.

Activity concentrations of ^{137}Cs and ^{134}Cs in honey and fallout

Data for 1986 and 1987 are from Franić et al., 1991, data for 1988 and 1989 from Bauman et al., 1987-1990, data for 1990-1991 from Barišić et al., 1994 and Barišić et al., 2002, data for 1992-1995 from Barišić et al., 2002 and data for 2011-2017 are unpublished data measured in Radiation Protection Unit of the Institute for Medical Research and Occupational Health.

Year	Activity concentration in multifloral honey Bqkg^{-1}		$^{134}\text{Cs}:^{137}\text{Cs}$ Activity ratio		No. of samples	Activity concentration in sweet chestnut honey Bqkg^{-1}		No. of samples	Activity concentration in fallout Bqm^{-2}	
	^{137}Cs	^{134}Cs	Observed	Theoretical		^{137}Cs	^{134}Cs		^{137}Cs	^{134}Cs
1986	32.20 ± 20.57	26.40 ± 3.61	0.60	0.55	5				6410.0	2812.0
1987	18.10 ± 4.24	6.00 ± 2.44	0.33	0.40	7				1098.9	381.9
1988	9.03 ± 3.02	2.80 ± 1.67	0.31	0.30	6				716.0	163.0
1989	6.05 ± 2.45	1.65 ± 1.28	0.28	0.22	9				54.3	13.1
1990	4.00 ± 2.40	0.50 ± 0.30	0.13	0.16	12				17.7	4.0
1991	1.90 ± 1.10	0.10 ± 0.10	0.05	0.12	16				57.1	6.6
1992	0.70 ± 0.30				11				31.0	
1993	0.50 ± 0.20				17				18.5	
1994	0.30 ± 0.20				20				10.4	
1995	0.10 ± 0.10				10				8.4	
2011	0.36 ± 0.08	0.39 ± 0.03	1.07	1.00	2				2.0	0.2
2012	0.44 ± 0.06	0.30 ± 0.08	0.69	0.73	3				1.2	<0.1
2013	0.67 ± 0.23	0.43 ± 0.27	0.64	0.53	6				0.7	
2014	0.91 ± 0.51	0.46 ± 0.25	0.47	0.39	14	3.06 ± 0.20	$<0.52 \pm 0.39$	3	1.3	
2015	0.96 ± 0.17	0.48 ± 0.01	0.45	0.29	18	0.83 ± 0.08	---	3	0.4	
2016	0.36 ± 0.03			0.21	3	0.36 ± 0.01	---	3	0.8	
2017	0.82 ± 0.25				4	0.64 ± 0.01	---	3	1.1	

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